

# SEXUAL ASSAULT RESPONSE UNIT

## INFORMATION

What services are for me?

Your navigator will ask you about all areas of your life so that they can give you the best information.

## ACCESS

How do I use these services?

Your navigator will explain how to use services and help you use them.

## HOW WE CAN HELP

## EDUCATION

Is it normal to feel this way?

Your navigator will tell you about how people can feel after trauma.

Your navigator can also tell your family and caregivers.

## SUPPORT

How can I feel better?

Your navigator can give you skills to cope.

They can also talk to your family and caregivers about ways to help.



To report suspected abuse or neglect against a person with a disability,  
please call the Disabled Persons Protection Commission  
24-Hour Hotline at 1-800-426-9009 (TTY: 1-888-822-0350)



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## Who are Navigators?

## Navigators are here to help!

*SARU Navigators want all survivors of sexual assault to know that **WE BELIEVE YOU!***

Navigators are advocates for survivors. We want to make sure your voice and choice are heard. We work together with you, your providers and others to help you get what you want and need. Navigators can help you access medical care such as SANE, legal services, counseling, peer support, and any other service you may need. We are here to work with you as a team. We believe you!

If you would to speak with a Navigator about how they can help you, please call: 617-727-6465 extension 301. You, your family, caregiver, or providers can call us.

Our work hours are Monday through Friday 8:30 a.m. to 4:30 p.m. If you call us after work hours, you can leave a message and we will call you back during work time.

The SARU office is located at 300 Granite Street, Braintree, MA. We can meet with you at our office or we can find a location that you feel comfortable meeting.

We can talk with your support people to help make this comfortable and safe for you.

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